

SHED TALK

THE NEWSLETTER OF
MT GRAVATT MEN'S SHED

VOLUME 17 SEPTEMBER 2026 NO.9



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Cable Beach in Broome

Last July, Photography Group Leader Baska Desha was on a 17-day cruise and tour in the Kimberleys aboard a Ponant ship called "Le Soleal".

The cruise ran from Darwin to Broome. Some ports of call were King George River, Ashmore Reef, Swift Bay, Hunter River and Lacepede Islands.

The photo of the iconic camel ride on Cable Beach in Broome was captured using a Nikon Z8, 24-120 mm Nikon lens, ISO 450, 35 mm focal length, f10 aperture and 1/250 sec speed.

The next Photoshoot for the Photography Group will be at the Roma Street Parklands on 8th October, commencing at 10:00 am. Everyone is welcome to attend.

Vision

Provide Mateship and Support for Men

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Mind *Prof Grant Devilly*

Spirit *Rt Rev Doug Stevens*

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Vice President *Lionel Armitstead*

Secretary *Mark Gillow*

Treasurer *Kingsley Manickam*

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Mark Hastings, Bart McKnight,

Kevin Schneidewin, Andris Svilans

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Workshop Projects *Fred Darvill*

Community

Projects *Bart McKnight*

Office *Jim Wiseman*

Recreation Room

Workshop *Lloyd Akeroyd*

Welfare *Ron Fair*

Other

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IT Coordinator *Bruce Conmee*

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Assistant Welfare *Gerry Heneghan*

Woodworking Facilitator *Lloyd Akeroyd*

Wood Machinery *Lloyd Akeroyd*

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President's Ponderings



The upcoming AGM in November members may consider nominating for the Management Committee. Also, activity leaders need to provide area write-ups, please.

Hi Shedders,

As President, it's a real pleasure for me to welcome our new inductees today. Becoming a member of the Men's Shed is about much more than simply joining a club or having a place to work with tools.

Over the years, I've come to believe that life's journey isn't only a physical one. It's also about our friendships, our experiences, the challenges we face, and the people we meet along the way.

We all come into the Shed from different walks of life. We've had good times, we've had difficult times, and we've all got a few stories to tell.

Some of those stories might make us laugh, and others may have shaped who we are today.

That's one of the things I value most about our Men's Shed.

You can come through the doors one morning not knowing anybody, and before long you're sitting down having a cuppa, talking about life, fixing something together, or having a laugh with someone you've only just met.

And sometimes, that's exactly what a bloke needs.

We often talk about the projects we build here, but I believe the most important things we build aren't made from timber or steel. We build friendships. We build confidence. We build a sense of belonging.

There will be days when you come here because you've got a project to work on, and there will be other days when you might simply come in for a chat and some company. Both are equally important.

I'd also encourage you to share what you know. Every one of us has something to offer. It might be a particular skill, knowledge gained from a lifetime of work, or simply being prepared to lend a hand to another member.

And remember, asking for help isn't a weakness. That's what mates are for.

As new members, you're now part of something that I hope will become an important part of your life. I want you to feel comfortable here, to make friends, to get involved, and most importantly, to know that you belong.

Life doesn't always give us an easy road, but I believe the journey is a lot better when we don't have to walk it alone.

So, on behalf of the Mt Gravatt Men's Shed and all our members, welcome. We're very pleased to have you with us.

I hope your time here is filled with good friendships, plenty of laughs, a few worthwhile projects—and maybe the occasional argument about how something should be built!

Welcome to the Shed, and welcome to the family.

Thank you.

Peter Tyley

0458 553 330

peter.tyley@bigpond.com

Cubby Van Raffle

Tickets \$2:00

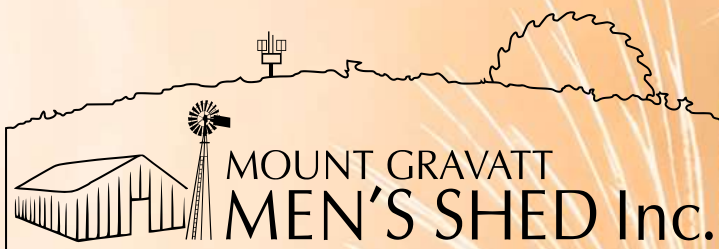


1st Prize - Cubby Van

2nd Prize - Original Oil Painting

3rd Prize - \$100 Bunnings Voucher

Drawn 7th December '26





Letter to the Editor.

During the last Social Meeting, whilst you were speaking about a possible Shed Facebook page, you made a snide remark about members who thought the Shed could do without such an additional means of communication. We already have a newsletter that contains the monthly calendar of events; a Social Meeting to hear area reports; a Shed website; and email updates from the Shed Secretary. How does another item fit into a well-oiled communication setup? You also spoke only of what you perceived as the benefits, as seen by yourself and several others - what happened to presenting both sides of the argument such as some items of caution against a Facebook page.

Namely:

The Cons of Facebook

Privacy Concerns; Time Consumption; Spread of Misinformation; Algorithm Changes; Potential for Negative Feedback; Data Dependency; Overwhelming Amount of Content; etc.

Thanks

Nev O'Brien #254

Dear Nev,

Your letter highlights the negatives and possible risks of a Shed Facebook page. Your concerns have merit. We all travel by car. People die and are injured in car accidents every day. Why do we continue to do it? The benefit outweighs the possible risk. Many older people will not use the internet because they have been told of the possible risks.

Look at what they are missing. Being on Facebook is like that. Probable benefit versus possible risk. One of my weekly posts to my local Facebook group had more than 500 hits in the first week and brought some enquiries about joining a Shed. Since posting Shed stuff on Facebook, I have been in contact with Alberta Men's Shed Association (Canada) and Rossendale Men's Shed (UK) and Shed stuff from all over appears on my feed. Daily, I get friend requests from Sheds across the world. I ignore those requests because I don't want to be overwhelmed. On Facebook, search "Men's Shed", and you will see interesting posts from lots of Sheds (Queensland, Australia and overseas). Then ask yourself, "Is it worth the possible risk?"

Eventually, it comes down to a personal choice.

Greg Self

Hello.

My name is Lawrie, and I was a member of your FANTASTIC Men's Shed from July 2025 to March 2026.

Please pass on these thoughts to your management committee and other members whom I interacted with over my very brief time there. I thoroughly enjoyed my time with ALL of the members during this time including the front office fellas and the cooks when hot food was prepared for morning tea.

Special mention to your President Peter for making it very easy to return each week, making me feel welcome. To the many men I spoke to in woodworking classes and during morning teas, it was a joy to interact with you.

I have seen that this club is just so special to many people, run well and has a sense of fun when turning up. Extra special mention to Peter Sherman (hope I got your name right, Pete), who made it so easy to enjoy the introductory woodworking course with his banter. To Lloyd, Glenn and Andris in the woodwork shop, I learnt a massive amount about so many things that I was familiar with but was certainly not an expert.

For those that I have mentioned by name, thanks again. These guys have heard me say that the travel time from my home in Ipswich to the shed and back got the better of me. I have never encountered such traffic in the 42 years I spent in schools teaching (mainly because I was in small towns or lived less than a ten-minute drive away).

I will certainly call in to your shed if I am in the vicinity just to say hello. I have had two eye operations earlier this year and was out of action for a while, but all clear now. I have really enjoyed reading your newsletters over the past months. If you need me to resign officially, no problems. Once again, had a great time; best wishes to all.

Lawrie Foley



Hi Men's Shed Members,

My name is Peter Scott and I would like to express my thanks to Col (Woodwork) at Mt Gravatt for a job he did today. It was a simple task of ripping timber to a thickness and dressing the sides, but it was done well and promptly.

I was at your shed a couple of months back and had Tony G (Metalwork) fabricate a couple of metal hoops for a vintage radio and spot-weld them. He did a professional job in the fabrication.

I would like to point out that for both jobs, I made an appropriate donation to Men's Shed for my gratitude.

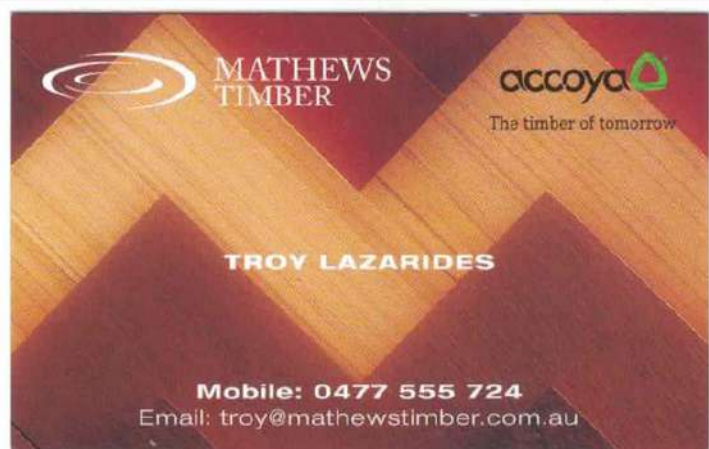
I'm a member of the Historical Wireless Society of SE Qld (both the metalwork and woodwork were repairs to my radio equipment), and I will strongly recommend to members that they contact groups such as Mt Gravatt Men's Shed to assist them with repairs to their radio sets.

There is another reason why I'm contacting you - the day (Monday) I brought in my piece of timber for ripping, the gentleman at the front desk asked me where I purchased the timber from. He mentioned to me that some members were chasing exotic and hard-to-get domestic timbers. I don't recall the company name on the day, but I've attached their business card. Mathews Timber, 858 Nudgee Rd., Northgate. The entrance to the business is via 176 Crockford St. (the back gate). I urge your members to view their website (www.mathewstimber.com.au) to see what is available. The principal, Troy Lazarides, was most helpful in finding a suitable piece of timber for the task.

Please feel free to circulate this card to your members and other Men's Shed groups.

Thanks again and Best Regards,

Peter Scott.



Give away to any shed members: 2 x Blackbean wall units [professional special order], 1970 style.

Size: both 1950mm high and 460mm deep.

Drawer unit: 1725 long; sliding doors: 1650 long

Dave Tate: 0438178865.



Hi Ed,

A koala with joey residing in a gum tree opposite the Small Engine work area on Friday 18th September.

Ron Frazer



Mt Gravatt Hotel

Hi Shedders,

Every Saturday afternoon, the Mt Gravatt Hotel has meat tray raffles organised by manager Paul. All proceeds are donated to the Mt Gravatt Men's Shed.

We are very appreciative of this support, and if members are seeking a venue for a meal or a few drinks, this is the place to go. They can certainly use your support.

Thanks, Paul and staff.

Editor.

The Members' Shed



The Constitution

How long should an association president serve?

The question refers to a president, but it could refer to any office-holder.

Model Rule 31A requires members to elect a management committee (MC) at an association's annual general meeting (AGM), but the Model Rules make no provision for electing specific office-holders other than the secretary (Rule 15). At MGMS, the president and treasurer are elected, but this is mere custom. Should they decide to do so, members could elect a MC and allow that committee to elect the president.

Association law reflects the collective nature of a MC. Except for the secretary, ¹ no individual member of a MC has any more power than any other member [See, for example, Rule 23(7)]. The president has power by way of chairmanship [Rule 23(8)], but he or she may not act unilaterally. This is not to say that a president is not highly persuasive.

Many bodies limit the term for which an office holder may serve. Perhaps the best-known example is the presidency of the United States. The US president may serve no longer than two consecutive terms of four years.² This raises the question, 'Should associations limit the term of office of MC members?

Some associations have no rules about tenure. The rationale is that a good office-holder should stay in office for as long as he or she chooses. Other associations limit the tenure of office-holders to just one year. The rationale is that a bad office-holder can be replaced before an association languishes. Often, tenure-limiting associations establish a succession plan for those in office.

As might be expected, MGMS members express both of the above opinions. What to do? Nothing? A compromise might be to limit the tenure of office-holders to three years. After all, if an office-holder hasn't achieved his aims within that time period, he probably never will.

Phil Vardy

[1] See, for example Rule 35(1): a secretary may call a general meeting. Implied is that the secretary does not need the permission of members to do so.

[1] Roosevelt was elected to a fourth term, but the 22nd amendment to the US Constitution, passed in 1947, limits the presidency to two consecutive terms.

Things that Go Thump in the Night



Good Lord, save us! Many have seen and enjoyed the comedy movie "A Funny Thing Happened on the Way to the Forum". Well, a not-so-funny thing happened to me some weeks ago which I think may be pretty common to Shedders of our vintage. It was something akin to a WWII Dambuster's flight.

At least once, or more often, most men suddenly feel the desperate urge to empty their bladders in the middle of the night. Too often, in taking off, it is seen as a routine interruption of sleep, either of casual or high-speed intensity down a well-beaten path in the dark to the toilet, most anxious to return to base of a soft warm bed and whatever else awaits one there: sweet, deep sleep, sweet dreams or a sweet partner.

I cannot count the times I have made my Dambuster flights, although I am not as regular as some. But, for the first time, I returned to the very dark bedroom, turned left with certainty on going into land, and "BANG!" I had miscalculated my landing flight. I slammed head-first with force onto the door frame. I instantly felt a warm fluid trickling down my forehead. Thankfully, I had not knocked myself dazed or senseless, but I was definitely wounded. Down I went to the bathroom, switched on the light and saw that I was bleeding like a stuck pig from a nasty cut to my forehead.

I tell you, it was not a pretty sight at 4 a.m. Immediately, action stations and sirens were up and running as I held fast to a bloodstained towel over the cut for a significant time until the bleeding stopped, had two Band-Aids applied in the form of a cross, and went straight back to bed, bloodied and sorry for myself, but thankfully alive.

I am now healed, with the cut virtually invisible. I then decided to do some related research on these night runs. I discovered other alarming crashes on other Dambuster runs in the middle of the night. One was particularly horrific. This veteran Dambuster was on his upstairs floor. He was floundering around, disoriented and effectively flying blind in a clouded state of mind. He mistook a left turn for a right one into the toilet, and boldly stepped forward – into thin air! He was at the top of his stairwell, and down he went like a bag of potatoes to its halfway mark - stunned, shocked, bruised and bewildered, but thankfully still alive too.

So what's the lesson? If you haven't already, get yourself a soft night light to be kept on strategically all night between yourself and the toilet, buy a small torch - even switch on the bedroom light - but don't rush or delude yourself that you're still on the top of your game as a vintage navigational genius when flying blind in the dark because a crash landing at our age may be our last or certainly injure ourselves for the rest of your lives – and no one wants that.

Kevin Lindeberg

Proposed Point of Sale System



Jim and Bruce - office workers

The volunteers who work in the office do much more than collect your three bucks for entry or the cost of lunch. There's a lot of paperwork needed to support the financial process. Too much.

It takes time and effort. And it doesn't end there – the paper trail gets passed to the Treasurer, who manually transcribes it into the accounting software, MYOB.

Mind Your Own Business is what it stands for. Spawned in the US in the 80s, it came to Australia in the early 90s. It's done well but is probably a bit like me – ageing and past its prime.

The Shed was conceived in 2008. It's grown from a small number of founding members to an organisation with over 350 members.

The accounting and administrative processes have grown organically to meet the increasing demand over the years. Inevitably, quite a few players have been involved. They've done a great job, and the system has served the Shed well.

Quite a while ago, John Wild, the Treasurer at the time, commenced the process of investigating a Point of Sale system (POS) to replace the ageing Attendance App. More recently, a small group of us have been attempting to finish the task and bring a POS system into the office. The process started out well, but as more time went by it became obvious that whilst we had selected one of the better systems, it was unwieldy and the associated contract conditions were complex. Eventually we lost confidence in the outcome, and we pulled out of the deal. We wasted some time, but we learned a lot. Our deposit was returned in full, so all we lost was time.

Subsequent to us commencing negotiations with the POS provider, QMSA negotiated an arrangement with a company called Sumup that may provide an alternative POS solution. The MGMS IT team was only very recently made aware of it. It's worthy of consideration because it's cheaper and it appears simpler.

The existing process is effort intensive and unwieldy. Whatever system is ultimately selected must be simpler and easier for the Treasurer and the Office to deal with. And it must be less paper intensive.

If you've read this far, you're probably wondering – “Why all this bother? What's wrong with what we have?”. The answer is simple. So far there have been three systems. They all suffered from the risk of a single author, for whatever reason, being unable to continue supporting the system they wrote.

You probably ask, “Well, surely someone else could fix it?” Unfortunately no.

For example, my version of the Attendance App uses Excel, but it's driven by approximately 25 @ A4 pages of Visual Basic code. If a comma is out of place it ceases to work. The Badge Printing Program is in the same boat with almost the same amount of Visual Basic code.

What has become critical for the future is that, reading between the lines of what Microsoft say, ongoing development of Visual Basic has ceased and that support for its use will decline and eventually end.

What's worse right now is that AI has become a tool for software revision by the major software houses. Observation of the way things currently operate suggests that Microsoft has turned AI loose on their software suite. Things now change without warning or explanation, and bugs appear.

The Attendance App and the Badge Printing App are one AI brain-storm away from failing. It's already happened once. I eventually tracked the problem down to Microsoft (read AI) changing the syntax of a Visual Basic function. It took a couple of hours to search through the code to find the problem and then some more time to find the correct syntax. I was just lucky! It could have been much worse.

AI issues are inevitable, but we can avoid the pain by using commercial applications rather than home-baked ones. The IT environment in the AI age has become too difficult for apps written by one-man bands.

George Parkinson (Member No 650)

Around the Shed



Phillip, Tim, David and Ross



Bruce and Glenn turning



Steve Stanford and Alan Fedrick - leather workers



Dennis, Greg and Patrick with restored butterfly table



New members for September - Mike Harris, Sean Dolan, Jim Mole, Andrew Booth, Peter Jones, Peter Demmers, Kim Best, and Mick Nelmes in no particular order



Welders in action



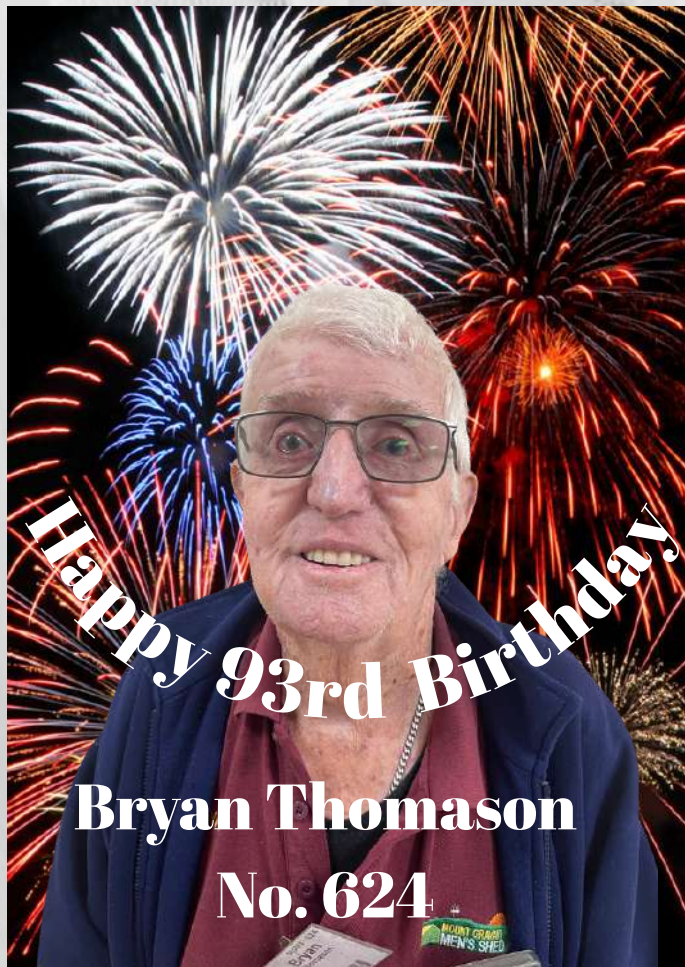
The BCC Grant - \$1,754 for 18V AEG power tools for the workshop.



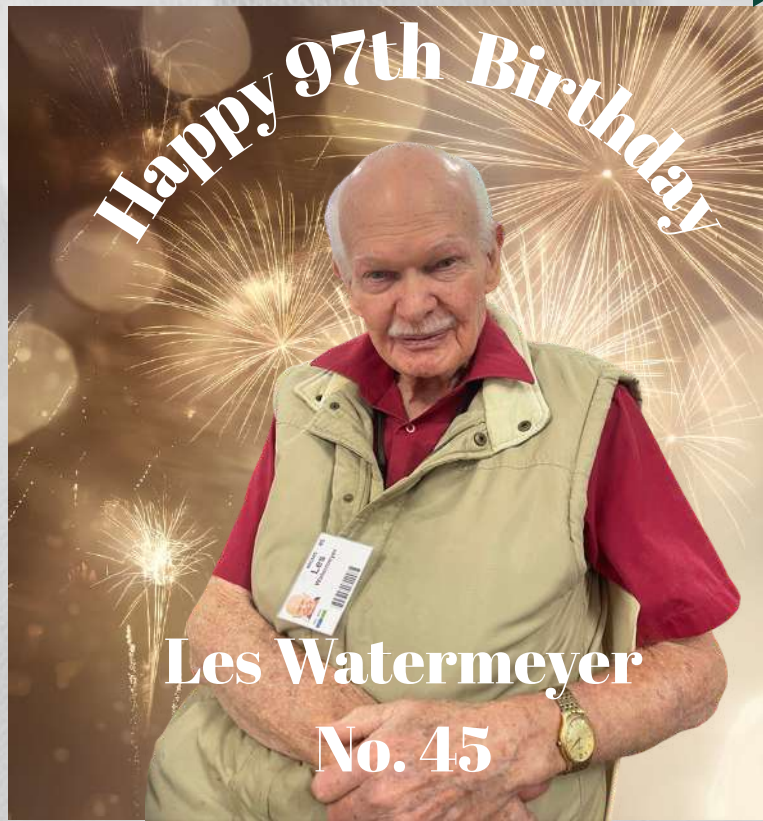
Rehearsal for the *Shed Tones*



Ian McKenzie



Bryan Thomason
No. 624



Les Watermeyer
No. 45

Our oldest member

Memories from the Past



Cubby Houses



Card Group



Leather Group



Cubby for Sale: \$495



Travel Group



Cladding the external walls



Preparing the windmill



Grand Opening



Bree Hansen, her partner and MGMS member Geoff O'Connor with a glory box made from Qld Cedar and Walnut sourced from Rivera Boats at Coomera. Bree is the daughter of Neil Hansen, who manages the raffles at the Social Meetings. Bree makes the cakes for the raffle.

MGMS IN 2011 AND SUPERVISOR BARRY JONES

When I joined MGMS (No 106) in February 2011, the only activity available was woodworking. The venue was Mansfield High School after school for 1.5 to 2 hours. Tuesday was for members wanting to be schooled in hand tools; Wednesday was for power tool workers. I chose Tuesday and still attend on Tuesday.

Our supervisor cum mentor was Barry Jones. Barry was a retired manual arts teacher and a quintessential gentleman. He went to great trouble to prepare for every Tuesday, so he power-sawed our project wood at home. He used his "ABC Inventors" winning Triton saw in his driveway.

He was a good, easy-to-get-along-with instructor. I was reminded of his dedication recently when I decided to make a breadboard from a design that I still have. It is very detailed and is attached. You will see where Barry has signed it on 4 - 07 - 11.

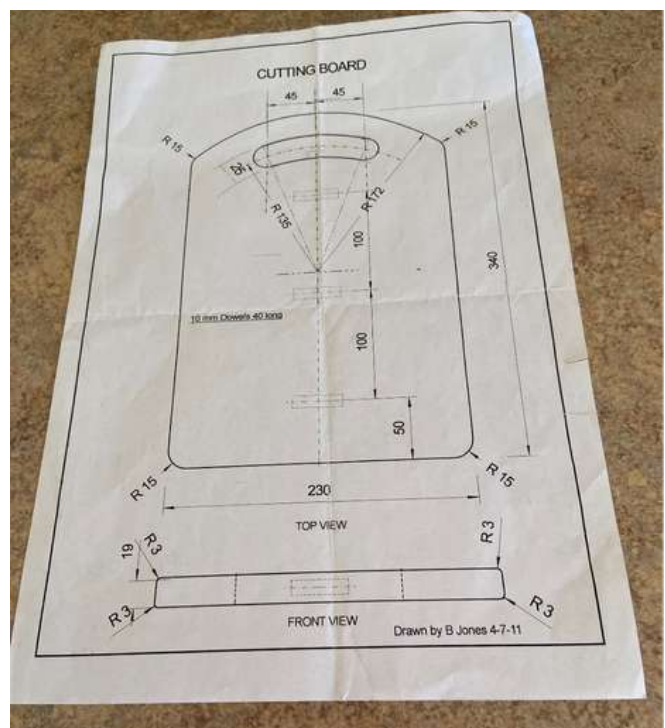
I still have and use a poorly made pencil case that we made back then. The same goes for my tool tote that I take to the Shed on Tuesdays.

Barry had to give up the shed when family needs ruled out attendance at the Shed. Since then I have seen him many times at Eight Mile Plains shopping centre. It's about 6 months since I last saw him.

A big thank you to Barry and all the men who have taken on supervisory roles over the last 15 years.

FOOTNOTE: The most blood I have seen a shed member spill was at the Mansfield School. He jammed his finger between his wood and the operating horizontal belt sander.

Geoff O'Connor



Art / Painting



Wayne Hansen



Ken Wainwright



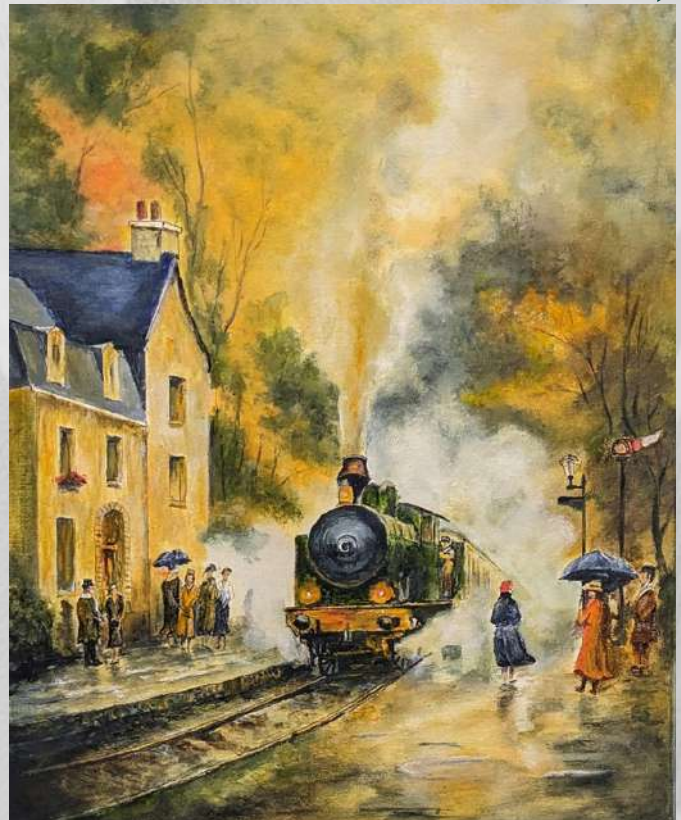
Oil on canvas Garry Fuhrmeister



Geoff Jones



John Raines



Alan Carter

Gladstone & Heron Island - Travel Group

A smallish group of 14 members and partners boarded the tilt train for Gladstone on 7th August.

After a relaxing train ride, business class for most, we were met in Gladstone by Daryl of Gladstone Region Tours who was our host with the most for the duration of our stay except for Heron Island.

Darryl took us on a comprehensive tour of the Gladstone region on day two, which was a huge revelation for us all; the development in the area due to the mining and other industry has been enormous. What was quite an old and dirty town years ago has been transformed into a modern, obviously rich small city. The local council has encouraged the large industrial companies in the area to contribute to the development of amenities of the town; the foreshore has been beautified and there are a lot of sponsored recreational facilities, and also many trendy eateries and clubs.

We were shown the work being done on Barramundi breeding at Lake Awoonga and also a group experimenting with shale oil extraction from huge deposits right under the town.

The next day we travelled to the town of 1770. We went for a trip on an amphibious LARC, up the beach across the river, lunch on the beach, then a tour of the town and Agnes Waters before returning to our accommodation at the Mantra Gladstone and yet another seafood buffet for dinner.

The following day was a very quick but quiet trip to Heron Island, no seasick tablets required. This beautiful coral cay never disappoints; although the accommodation is showing a bit of age, it was clean and serviceable, and the staff, mainly student visa folk, were very good.

Our visit included a cruise in the glass-bottom boat to see the fish and coral up close, as well as a reef walk with a marine biologist, which was very interesting. Some also did a sunset cruise, which gave a wonderful photo opportunity. An abundance of food and drink was had by all.

On the ferry ride back to Gladstone, we were amazed at the number of huge bulk carriers that were anchored [27] outside the port waiting for a berth to fill up. Gladstone is second only to Newcastle as a coal port.

The next day was an early call to catch the train back to Brisbane; it is a pleasant, smooth way to travel and enjoyed by all.

Our tour guide Darryl was a great guy and enthusiastic about his area, and he really made the trip enjoyable for us all. We will keep in touch with him; he is looking at doing a Bundaberg tour ending in Gladstone next year. Keep this in mind: he will be able to take about 25 people on this tour.

All in all, another great travel group experience.





This addition to the newsletter is pleased to feature plus introduce two young and talented musicians and somewhat newer members to the music activity groups. In the photos above, in two classic 'rock star' poses with guitars in hand, are, on the left, Glen Druitt and Philip Irwin. They have included a few words in the article. Philip said, "When I heard that a Men's Shed had a music group with guitar players, even though it was a bit of a drive from home, I was very keen to attend and trial a session of playing with other people to help me continue on my journey of learning the guitar. Also, I was encouraged to attend by my wife so that I would get out of the house to give her a break, so it was a win, win situation. Before retiring, there was no musical journey. The journey started after retirement when I decided to have a go at learning the guitar. After doing a bit of book and internet learning, I met Glen who volunteered to see if he could teach me anything. After many arguments, bruises and broken bones, I'm still not sure whether he has managed to teach me or if it's just my natural talent that has seen me fly through the lessons to the dizzying heights of being able to do a barre chord without swearing too much. We have also had a crack at the ukulele, but my first interest is learning more on the guitar. My favourite era of music is the 70s, and my favourite style is laid-back with a bit of fun.

Even though headaches can keep me down and out for extended periods of time, I've enjoyed the sessions at the shed immensely. Meeting some cantankerous old-timers and talented musicians has made the drive each week worthwhile. Each week I aim to make my chord changes a bit smoother and my singing a bit sweeter; only the others at the session could tell you if I'm getting anywhere close to the target. Good people, good times, yes, I'm enjoying my time at the shed each week."

Glen said, "My dear friend Philip suggested we attend, as there is a music program. To help us on our musical journey, and it would be a great opportunity to meet like-minded people. I have always been very interested in music. The first instrument I started to learn to play was the euphonium in Year 5. But I didn't really enjoy it. Plus, lugging around such a big instrument wasn't enjoyable. My father plays guitar and had a few at home. He allowed me to use an old, beat-up nylon guitar so I could start teaching myself to play.

The first song I taught myself to play was the 'House of the Rising Sun' by "The Animals". It was a song my father enjoyed. Since then and over the years, I have tried teaching myself more instruments. Staying predominantly in the stringed instrument family I can play the following instruments at a basic level ukulele, mandolin, piano, bass, didgeridoo and I can really rock a maraca.

I enjoy listening and playing music from the 60s all the way to modern day heavy metal. The number one thing that jumps out to me is just how welcoming everyone has been. The music group has allowed me to grow and even start singing a little which is something I have always struggled with and felt embarrassed about. But due to the judgement free environment. I feel comfortable to try and learn this new skill so thank you gentlemen."



Australian Government

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**Queensland
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Dedicated to a better Brisbane



"It's not the Hokey Pokey but the Karaoke and it's back on Tuesday afternoons" Photo above shows, in the meeting room, from the left Ed Fernando who is leading the group and running the show very well. Next is Mark Gillespie, Sebastian Alvarez, Terry Thomson, Glen Druitt, Philip Irwin and Laurie O'Brien. There has been a good roll up averaging 8 or 9 participants every week. Songs the group have sang with varying degrees of pitch, gusto and enthusiasm were classics such as "Girl", "Heart of Gold", "Solitary Man", "First Cut is the Deepest", "Fields of Gold", "All I Want Is You", "Never Tear Us Apart" and more. It was enjoyable, good fun, they had a go and it went marvellously well.

Up Coming Sing-a-long Event

"There will be no hidden algorithms or any woke ideas Just an old fashioned 'sing-a-long' music to our ears On Thursday 15th October at 7pm the "Shed Tones" will play In the shed recreation room and take your blues away. So come along and sing out loud have some fun that night You can be sure when the band's in full swing it will be alright" T.T.

The 'Shed Tones' have an upcoming gig at the Carina Senior Citizens Club on Friday 23rd October starting at 10.30 am and finishing at 11.45 am. The song list, which will be suitable to suit the male and female audience of various ages, is still being finalised. The group are looking forward to this event.

"Galleries of pink galahs, Crystal nights with diamond stars, Apricots preserved in jars. That's my home". J. W.



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150 musicians, 25 acts, 15 sheds, 3 days. and counting !!!

ShedMusic '26 promises to be a great festival. A true celebration of the very essence of what the Men's Sheds movement is all about.

ShedMusic '26, A "Music for health initiative" is putting into practice the well known health benefits and outcomes of playing, performing listening and simply being involved in music making.

ShedMusic '26 will again have an array of clinical practitioners on hand to conduct health checks and give advice. 100 + in 2024, 450 + in 2025. This year let's make it 600 + health checks.

ShedMusic '26 builds on the success of our past two festivals with an even greater diversity of acts. It also provides strong economic outcomes.

Friday 16th, Saturday 17th and Sunday 18th October 2026

The main venue is the **Coolum Civic Centre and precinct.**

BUT the festival will kick off on **Friday afternoon** with a welcome barbecue, drinks, shed tour and all-in jam session at the Coolum Men's Shed, 26 Research Street, Coolum Beach. The festival will be opened by our wonderful singing Mayor, Rosanna Natoli.

Saturday will see festival concerts at the **Coolum Civic Centre** and a lunchtime concert at the **Coolum Sports Club** (a 2 minutes walk)

Back at the **Civic Centre** for more concert performances and a Bush Dance to round off the evening.

Sunday is a full day of concert performances at the **Civic Centre.**

All the while in the **park surrounding the Civic Centre (Jack Morgan Park)** there will be stalls, food vans, outdoor entertainment. We will be running a bar. Plus there are plenty of places for impromptu sessions, warm-ups or just a chat.

We look forward to welcoming you all.

Charles Thomson (President)

Bob Barford (Music Co-ordinator)

Bob Barford: Artistic Director - 0407 895 011 - blbarford@gmail.com

Photography Group

Kangaroo Point Cliffs

3rd September 2026



Baska Desha



Wayne Hansen



Peter Jamieson



Neil McPhail



Neil McPhail



Keith Cordwell



Keith Cordwell



Wayne Hansen

[Link to Website](#)

Chess Group

Alan Highman

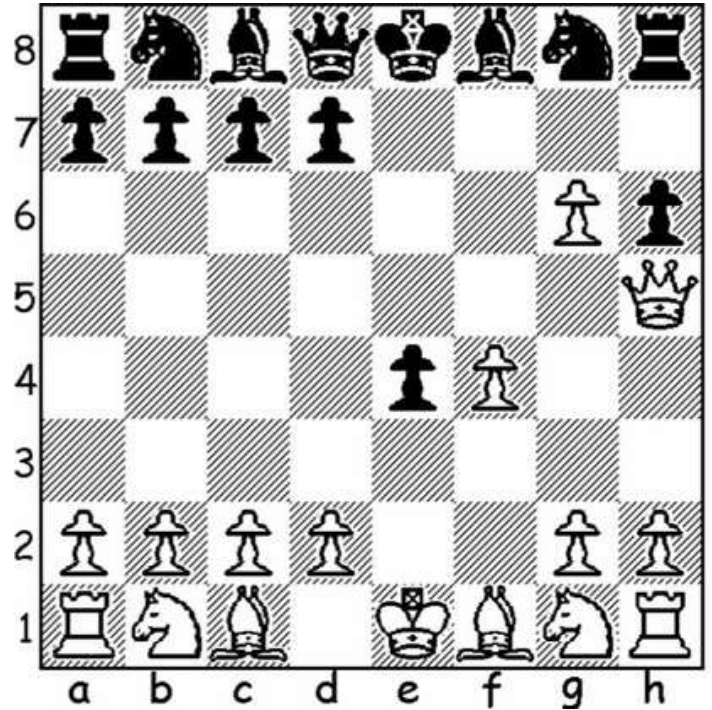
We had a good August with many stopping to view games. This month we have had two new players join the ranks and more shedders keen to get on board.

The following is an opening trap for the Ruy Lopez:

P-4 P-e5
N-f3 P-f5
B-c4 Pxe4
Nxe5 N-g6
N-g7 Q-e7
N-h8 P-d5
B-b3 B-g4
P-f3 Pxf3+
K-f2 N-e4+
K-g1 P-f2+
K-f1 BxQ
P-d3 N-d2#
BxN Q-e2#



This month's puzzle is white to move and mate in 3. Good luck!
Solution Page 20



Mark Gillow - Secretary



The pictures were taken on a recent trip to Exmouth, WA. Mark Gillow was a passenger in an ultralight.

The photos are of Exmouth Gulf, Ningaloo Reef and Cape Range National Park.





TO DREAM THE IMPOSSIBLE DREAM...



"...Now kids, let me give you some lessons from the good old days!..."

LINDBERG
2025

Trusted Tradies:

Plumber	Braith Garner	0405 609 879
Electrician	Cade Howard CMH Electrical	0402 157 565
Caravan Appliance & Air conditioning Repairs Gas Cerification	Lucas	0418 804 977 E: info@caacr.com.au
Electrician	Style Electrical	(07) 3343 8017 E: admin@styleelectrical.ocm.au
Mobile Gas Strut Service	Jay Sibthorpe	0409 131 638
Mechanic		



Mount Gravatt

Unit 3/39 Secam Street
Mansfield QLD 4122
T 07 3343 9588

mountgravatt@signarama.com.au
signarama.com.au/mountgravatt



Solution:

- 1.P-g7+ K-e7
- 2.Q-e5+ K-f7
- 3.Pxh8(N#)





Wellbeing WRAP UP



Spring into Action

Think big. Act small. Fail fast. Learn rapidly. (Poppendieck & Poppendieck)

The arrival of Spring is often a time we clean the house, refresh the garden, and tidy the Shed. With nicer weather, you can focus on getting things in place and finding a place for everything. If you have outer order, you can enjoy inner calm. You made plans earlier this year for what you wanted to achieve, right? Now is the time review how realistic those plans actually were.

Spring is an excellent time to reflect upon how you've been travelling, and adjust behaviours and plans as necessary for the remainder of the year. You can do this by ticking off completed items from your to-do list, and comparing how much your life looks like your vision-board.

In light of how you've been doing, how healthy and happy you are, and what is important to you, the next step for your life journey is to revisit your big picture. This means considering what you are good at, identifying other passions, accessing resources and support people (like other Sheddies), and deciding on a timeframe. Consider why you get up in the morning, what gets you excited, and how you'd like people to see you. Remember, goals without timeframes are simply wishes destined to be only visions in your imagination.

It is invigorating and energising to work from the premise that (almost) anything is possible. For myself, to get anything important done requires a little luck, quality people around me, and consistent daily focus to work in a way that assumes I can't fail.

We all have intentions to do extraordinary things, however, if your life choices are not delivering the desired outcomes, you need to tweak your choices. Everyone has a goal to have a great relationship, a rewarding retirement, and a good life, but only some people have routines to increase the likelihood of these goals materialising.

Goals are for dreamers—routines and systems are for winners!

Article by Dr John Barletta, Ph.D.

(Maleny Men's Shed)

Health and Wellbeing Specialist

Queensland Men's Shed Association

johnb@qmsa.org.au

Social Meeting Minutes

7th September 2026



Meeting pre Covid when 120 members were a regular attendance

Travel: Kevin Schneidewin

Camp trip to Stanthorpe 26/10 to 30/10.

Bookings can be made at the Top of the Town Caravan Park.

Cabins and caravan sites available.

Community: Bart McKnight

Cubby Van raffle has sold 529 books of tickets.

Ray White Auction 17th October

Bonner Seniors Expo 23rd October

Music: Terry Thompson

Good numbers on Tuesday

Karaoke Tue 12.30 pm: 9 people.

Carina Gig 23 Oct 4

Open Mic Date TBA. Photos & video by Photo group. Maybe put on Facebook

Grant application

Songwriting Comp: 3 entries: Hugh Smith will be a Judge.

Singalong Thursday, October 15th.

Building and Grounds: Tony G

- Failed light tube in the disability toilet has been replaced.
- Leaky taps on the Men's toilet hand basin have been replaced with ceramic half turn ones
- Workshop Smoke Alarms which have reached their replacement date. Action is in progress to replace them.

Workshop Operations

- Fred Darvell has stepped away from shed duties for a few months. Steve Doyle is taking on the role of Workshops Project Management Coordination during Fred's break. Thanks to both for their volunteering efforts.

MGMS Membership for FY25/26 finished at 362 men.

Last year 70 new members joined the shed.



Guest Speaker Aiden Turner, CEO Of Wesley Hyperbaric

WHEN YOU HAVE PAIN OR BLEEDING AFTER RADIOTHERAPY

Radiation treatment can affect tissues long after therapy ends. Some people develop changes months or even years later — such as bleeding, pain, ulcers, or delayed healing. These may be signs of a radiation tissue injury (STRI), and treatments are available to support recovery.

EARLY ASSESSMENT AND TREATMENT CAN MAKE A REAL DIFFERENCE.

HOW HBOT SUPPORTS HEALING

Hyperbaric Oxygen Therapy (HBOT) is a safe, hospital-based treatment where you breathe 100% oxygen in a pressurised chamber. This increases oxygen delivery to damaged tissue and supports natural healing.

HBOT may help by:

Improving blood flow and oxygenation

Reducing inflammation and tissue stress

Supporting faster, more complete healing

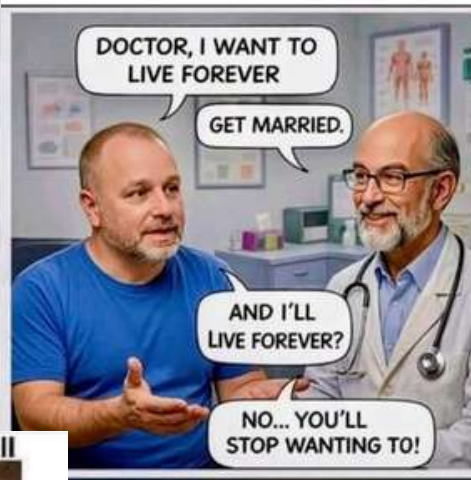
All treatment at Wesley Hyperbaric is supervised by a specialist doctor and experienced nursing Team

HUMOUR



Why is everyone at the gym asking me why I am sitting still on a stationary bike?

I'm going downhill dude, mind your own business.



Parking lot in front of the Laser Eye Surgery Center.



105 year old lady's advice to us all



"For better digestion I drink beer. In case of appetite loss I drink white wine. In case of low blood pressure I drink red wine. In case of high blood pressure I drink scotch. When I have a cold I drink Schnapps."

"When do you drink water?"

"I've never been that sick!"



Hi @nikestore I've bought these sports briefs and although I'm enjoying the freedom all the branding is upside down!

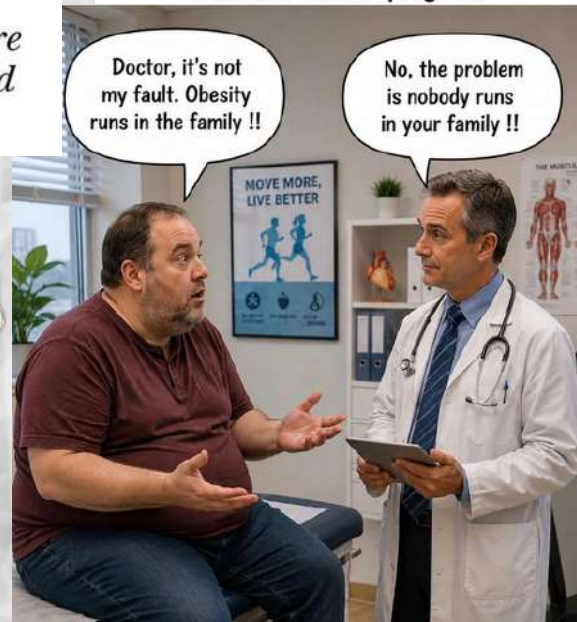
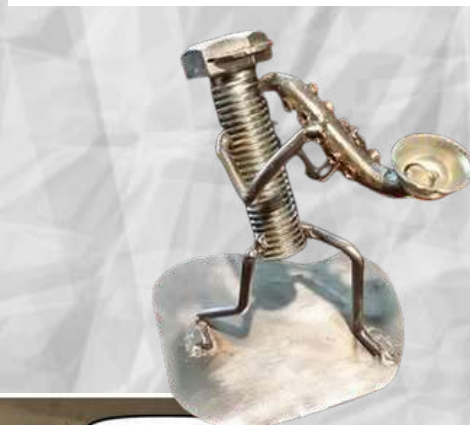


I managed to cure my wife's nail-biting habit. I've hidden her teeth.



"I'm home...What a terrible day...I took your ladyshaver to work instead of my taser!"





October 2026

Saturday, October 3, NB# 2:45 for 3 pm: Arvo Entertainment Group: bring a plate of food to share if interested.

"Woodworking Introduction" 8.00 am to 12.00 pm on Thursdays. The wood-shop area is **shared only** with the **wood-turning** group at these times to limit noise during instruction.

Monday	Tuesday	Wednesday	Thursday	Friday
September 28 8:00 Woodturning 8:00 Own woodwork 8:30 Laser 9:00 Metal scrolling 9:00 Cards 9:00 Chess 12:00 Toy-making	29 8:00 Leatherwork 8:00 Welding training 8:00 Own woodwork 8:30 Guitar lessons 10:30 Jam session 12:30 Woodcarving 12:30 Karaoke 12:30 Guitar 1:00 HeartFIT	30 8:00 Intermediate woodwork 8:30 Laser 9:00 Writers 9:30 Emerging technologies (Vcarve & CNC router) 12:00 Woodturning	October 1 8:00 Woodturning learners 8:00 Woodworking Introduction 8:00 Welding projects 9:00 Cartooning 12:45 Carpet Bowls	2 9:00 Small engines 8:30 Laser 9:00 Art/painting 12:00 Ukulele Jam 1:00 HeartFIT <i>(Shed Rec Rm)</i>
5 Social Meeting <i>Community hall</i> <i>10:15 for 10:30:</i> <i>\$8 for lunch</i> <i>Guest Speaker</i>	6 8:00 Leatherwork 8:00 Welding training 8:00 Own woodwork 8:30 Guitar lessons 10:00 Jam session 12:30 Karaoke 12:30 Woodcarving 1:00 HeartFIT	7 8:00 Intermediate woodwork 8:30 Laser 9:00 Writers 9:30 Emerging technologies (Vcarve & CNC router) 12:00 Woodturning 12:30 MC meeting	8 8:00 Woodturning learners 8:00 Woodworking Introduction 8:00 Welding projects 9:00 Cartooning 10:30 Cooking 12:45 Carpet Bowls	9 9:00 Small engines 8:30 Laser 9:00 Art/painting 12:00 Ukulele Jam 1:00 HeartFIT <i>(Shed Rec Rm)</i>
12 8:00 Woodturning 8:00 Own woodwork 8:30 Laser 9:00 Metal scrolling 9:00 Cards 9:00 Chess 12:00 Toy-making	13 8:00 Leatherwork 8:00 Welding training Own woodwork 8:30 Guitar lessons 10:30 Jam session 12:30 Karaoke 12:30 Woodcarving 1:00 HeartFIT	14 8:00 Intermediate woodwork 8:30 Laser 9:00 Welfare 9:00 Writers 9:30 Emerging technologies (Vcarve & CNC router) 10:00 Travel group Broadwater Park 12:00 Woodturning	15 8:00 Woodturning learners 8:00 Woodworking Introduction 8:00 Welding projects 9:00 Cartooning 12:45 Carpet Bowls 12:30 Photography	16 9:00 Small engines 8:30 Laser 9:00 Art/painting 12:00 Ukulele Jam 1:00 HeartFIT <i>(Shed Rec Rm)</i>
19 8:00 Induction 8:00 Woodturning 8:00 Own woodwork 8:30 Laser 9:00 Metal scrolling 9:00 Cards 9:00 Chess 11:30 Sausage sizzle guest speaker \$5 12:00 Toy-making	20 8:00 Leatherwork 8:00 Welding training 8:00 Own woodwork 8:30 Guitar lessons 10:30 Jam session 12:30 Karaoke 12:30 Woodcarving 12:30 Guitar 1:00 HeartFIT	21 8:00 Intermediate woodwork 8:30 Laser 9:00 Writers 9:30 Emerging technologies (Vcarve & CNC router) 10:00 Native Bees 12:00 Woodturning 1:00 WOC meeting	22 8:00 Woodturning learners 8:00 Woodworking Introduction 8:00 Welding projects 9:00 Cartooning 10:30 Cooking 12:45 Carpet Bowls	23 9:00 Small engines 8:30 Laser 9:00 Art/painting 12:00 Ukulele Jam 1:00 HeartFIT <i>(Shed Rec Rm)</i>
26 8:00 Woodturning 8:00 Own woodwork 8:30 Laser 9:00 Metal scrolling 9:00 Cards 9:00 Chess 12:00 Toy-making 12:00 Emerging Technologies	27 8:00 Leatherwork 8:00 Welding training 8:00 Guitar lessons 8:00 Own woodwork 8:30 Guitar 10:30 Jam session 12:30 Karaoke 12:30 Woodcarving 12:30 Guitar 1:00 HeartFIT	28 8:00 Intermediate woodwork 8:30 Laser 9:00 Writers 9:30 Emerging technologies (Vcarve & CNC router) 12:00 Woodturning	29 8:00 Woodturning learners 8:00 Woodworking Introduction 8:00 Welding projects 9:00 Cartooning 12:45 Carpet Bowls	30 9:00 Small engines 8:30 Laser 9:00 Art/painting 12:00 Ukulele Jam 1:00 HeartFIT <i>(Shed Rec Rm)</i>